

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-7:00am Adult No Gi Lab Bradley	6:00am-7:00am Adult All Level Adolpho	6:00am-7:00am Adult All Level Tryfon	6:00am-7:00am Adult All Level Adolfo	6:00am-7:00am Adult All Level Tryfon	
9:00am-10:30am Adult All Level Tryfon	9:00am-10:30am Adult All Level Sonia	9:00am-10:30am Adult All Level Tryfon	9:00am-10:00am Adult No Gi Lab Ryan	9:00am-10:15am Adult All Level Tryfon	
					10:00am-11:15am Open Mat Sebastian
3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5		
4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8		
5:00pm-6:00pm Kids 9-13	5:00pm-6:00pm Kids 9-13	5:00pm-6:00pm Kids 9-13	5:00pm-6:00pm Kids 9-13		
6:00pm-7:30pm Adult All Level Tryfon	6:00pm-7:30pm Adult All Level Paulo	6:00pm-7:30pm Adult All Level Tryfon	6:00pm-7:30pm Adult All Level Paulo	6:00pm-7:00pm Adult No Gi Lab Bradley	
	7:30pm-8:30pm Adult No Gi Lab Jacob		7:30pm-8:30pm Adult No Gi Lab Jacob		