Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-7:00am No Gi Training Lab Bradley	6:00am-7:00am Foundation Jerome	6:00am-7:00am Development Tryfon	6:00am-7:00am Foundation Adolfo	6:00am-7:00am Development Tryfon	
9:00am-10:30am Development Tryfon	9:00am-10:15am Foundation Sonia	9:00am-10:30am Development Tryfon	9:00am-10:00am No Gi Training Lab Ryan	9:00am-10:15am Foundation Tryfon	9:00am-10:00am Women's Jiu jitsu Sonia
					10:00am-11:15am Open Mat Sebastian
3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5	3:20pm-4:00pm Kids 4-5		
4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8	4:00pm-5:00pm Kids 6-8		
5:00pm-6:15pm Kids 9-13 Development	5:00pm-6;00pm Kids 9-13 Foundation	5:00pm-6:15pm Kids 9-13 Development	5:00pm-6;00pm Kids 9-13 Foundation		
6:15pm-7:45pm Developement Tryfon	6:00pm-7:15pm Foundation Paulo	6:15pm-7:45pm Developement Tryfon	6:00pm-7:15pm Foundation Paulo		
	7:15pm-8:15pm No Gi Training Lab Jacob		7:15pm-8:15pm No Gi Training Lab Jacob		